Tableau Shortcuts for Windows & Mac

No.	Action	Mac Shortcuts	Windows Shortcuts	Section
1	Copy selected data	Command + C	Ctrl + C	Most used Tableau Shortcuts
2	Paste clipboard	Command + V	Ctrl + V	Most used Tableau Shortcuts
3	Cut text selection	Command + X	Ctrl + X	Most used Tableau Shortcuts
4	Redo	Command + Y	Ctrl + Y	Most used Tableau Shortcuts
5	Undo	Command + Z	Ctrl + Z	Most used Tableau Shortcuts
6	New worksheet	Command + M	Ctrl + M	Most used Tableau Shortcuts
7	New workbook	Command + N	Ctrl + N	Most used Tableau Shortcuts
8	Open file	Command + O	Ctrl + O	Most used Tableau Shortcuts
9	Print	Command + P	Ctrl + P	Most used Tableau Shortcuts
10	Save file	Command + S	Ctrl + S	Most used Tableau Shortcuts
11	Select all data	Command + A	Ctrl + A	Most used Tableau Shortcuts
12	Smaller cell size	Command + B	Ctrl + B	Most used Tableau Shortcuts
13	Bigger cell size	Command + Shift + B	Ctrl + Shift + B	Most used Tableau Shortcuts
14	Connect to data source	Command + D	Ctrl + D	Most used Tableau Shortcuts
15	Describe sheet	Command + E	Ctrl + E	Most used Tableau Shortcuts
16	Makes the find command in the Data pane active	Command + F	Ctrl + F	Most used Tableau Shortcuts
17	Switch in and out of Presentation Mode	Command + H	Ctrl + H	Most used Tableau Shortcuts
18	Flip orientation of column labels at bottom of view	Command + L	Ctrl + L	Most used Tableau Shortcuts
19	Swap rows and columns	Command + W	Ctrl + W	Most used Tableau Shortcuts
20	Show Me!	Command + 1	Ctrl + 1	Most used Tableau Shortcuts
21	Deletes the selected sheet	Command + F4	Ctrl + F4	Most used Tableau Shortcuts
22	Closes the current workbook	Option + F4	Alt + F4	Most used Tableau Shortcuts
23	Skip backward one page	Command + ,	Ctrl + ,	Most used Tableau Shortcuts
24	Cycle forward through open worksheets	Command + F6	Ctrl + F6	Most used Tableau Shortcuts
25	Clear the current worksheet	Option + Shift + Backspace	Alt + Shift + Backspace	Most used Tableau Shortcuts
26	Make rows narrower	Command + Left Arrow key	Ctrl + Left Arrow key	Most used Tableau Shortcuts
27	Make rows wider	Command + Right Arrow key	Ctrl + Right Arrow key	Most used Tableau Shortcuts
28	Make columns shorter	Command + Down Arrow key	Ctrl + Down Arrow key	Most used Tableau Shortcuts
29	Make columns taller	Command + Up Arrow key	Ctrl + Up Arrow key	Most used Tableau Shortcuts
30	Cycle backward through open worksheets	Command + Shift + F6	Ctrl + Shift + F6	Most used Tableau Shortcuts
31	Run update	F9	F9	Most used Tableau Shortcuts
32	Toggles Automatic Updates on and off	F10	F10	Most used Tableau Shortcuts
33	Reverts workbook to last saved state	F12	F12	Most used Tableau Shortcuts
34	Clears the selection	Esc	Esc	Most used Tableau Shortcuts
35	Starts and stops forward playback on the pages shelf	F4	F4	Most used Tableau Shortcuts
36	Starts and stops backward playback on the pages shelf	Shift + F4	Shift + F4	Most used Tableau Shortcuts
37	Refreshes the data source	F5	F5	Most used Tableau Shortcuts
38	Add the selected field to the sheet	Return	Enter	Most used Tableau Shortcuts
39	Opens the Help	F1	F1	Most used Tableau Shortcuts
40	Use Rectangular Selection tool	A	A	Most used Tableau Shortcuts
41	Use Lasso Selection Tool	D	D	Most used Tableau Shortcuts
42	Use Radial Selection Tool	S	S	Most used Tableau Shortcuts
43	Place selected field on Columns shelf	Option + Shift + C	Alt + Shift + C	Most used Tableau Shortcuts
44	Place selected field on Filters shelf	Option + Shift + F	Alt + Shift + F	Most used Tableau Shortcuts
45	Place selected field on Size	Option + Shift + I	Alt + Shift + I	Most used Tableau Shortcuts
46	Place selected field on Detail	Option + Shift + L	Alt + Shift + L	Most used Tableau Shortcuts
47	Place selected field on Pages shelf	Option + Shift + P	Alt + Shift + P	Most used Tableau Shortcuts
48	Place selected field on Rows shelf	Option + Shift + R	Alt + Shift + R	Most used Tableau Shortcuts
49	Place selected field on Color	Option + Shift + O	Alt + Shift + O	Most used Tableau Shortcuts
50	Place selected field on Shape	Option + Shift + S	Alt + Shift + S	Most used Tableau Shortcuts
51	Place selected field on Text or Label	Option + Shift + T	Alt + Shift + T	Most used Tableau Shortcuts
52	Place selected field on Rows shelf	Option + Shift + X	Alt + Shift + X	Most used Tableau Shortcuts
53	Place selected field on Columns shelf	Option + Shift + Y	Alt + Shift + Y	Most used Tableau Shortcuts
54	Selects the mark	Click	Click	Navigation & Selection Shortcuts
55	Selects a group of marks	Drag	Drag	Navigation & Selection Shortcuts
56	Adds individual marks to the selection	Command + Click	Ctrl + Click	Navigation & Selection Shortcuts
57	Adds a group of marks to the selection	Command + Drag	Ctrl + Drag	Navigation & Selection Shortcuts
58	Pans around the view	Shift + Drag	Shift + Drag	Navigation & Selection Shortcuts
59	Zooms in to a point in the view	Command + Shift + Click	Ctrl + Shift + Click	Navigation & Selection Shortcuts
60	Zooms out from a point on a map	Command + Shift + Option + Click	Ctrl + Shift + Alt + Click	Navigation & Selection Shortcuts
61	Zooms out	Shift + Double Click	Shift + Double Click	Navigation & Selection Shortcuts
62	Zooms in to an area in the view	Command + Shift + Drag	Ctrl + Shift + Drag	Navigation & Selection Shortcuts

learn more - https://tutorialtactic.com/keyboard-shortcuts/tableau-shortcuts-windows-mac/